

# BREAKS

## THE BEVERAGES

Fair Trade Organic Shade Grown Coffee <i>order in quantities of 15</i>	<b>\$2.10pp</b>
Numi Teas <i>order in quantities of 5</i>	<b>\$2.10pp</b>
Water - Bottled	<b>\$2.25ea</b>
Water ½ Cambro (serves 45)	<b>\$12.00ea</b>
Water Cambro (serves 90)	<b>\$20.00ea</b>
Juice Can - Assorted Fruit Flavours	<b>\$1.95ea</b>
Juice ½ Cambro (serves 45)	<b>\$59.00ea</b>
Juice Cambro (serves 90)	<b>\$112.00ea</b>
Soft Drinks Can - Assorted Pepsi Products	<b>\$1.95ea</b>
San Pellegrino 250ml	<b>\$2.75ea</b>
Milk 250ml 2%, <i>skim or chocolate</i>	<b>\$1.95ea</b>
Sparkling Punch (serves 40)	<b>\$60.00ea</b>
Sparkling Punch (serves 50)	<b>\$75.00ea</b>

## THE PASTRIES

Muffins	<b>\$2.95ea</b>
Scones	<b>\$2.95ea</b>
Croissants	<b>\$2.95ea</b>
Assorted Loaf Slices <b>(V Option)</b>	<b>\$2.95ea</b>
Cinnamon Buns	<b>\$2.95ea</b>
Rice Krispy Squares <i>minimum 2 dozen per order</i>	<b>\$27.00doz</b>
Mini Assorted Danish <i>minimum 1 dozen per order</i>	<b>\$18.00doz</b>
Mini Fresh Baked Croissants <i>minimum 1 dozen per order</i>	<b>\$18.00doz</b>
Mini Stuffed Croissants <i>minimum 1 dozen per order</i>	<b>\$24.00doz</b>
<i>Chocolate &amp; Almond or Ham &amp; Cheese</i>	

## THE SWEETS

Mini Assorted Cakes & Squares	<b>\$1.95ea</b>
Mini Assorted Cheesecakes	<b>\$1.95ea</b>
Mini Shortbread Cookies <i>plain or chocolate dipped minimum 1 dozen per order</i>	<b>\$24.00doz</b>
Mini Éclairs <i>minimum 1 dozen per order</i>	<b>\$30.00doz</b>
Mini Assorted Biscotti <i>minimum 1 dozen per order</i>	<b>\$18.00doz</b>
Mini Individual Panna Cotta with Blueberries <i>minimum 2 dozen per order</i> <b>GF</b>	<b>\$27.00doz</b>



<b>Dessert Bars &amp; Squares</b>	<b>\$3.50ea</b>
<i>Variety may include; Butter tarts, Nanaimo bars, raspberry almond slice bars, fudge brownies, Cranberry oat bars, Belgium brownies, lemon zing bars, blueberry crumble bars &amp; chocolate peanut butter oat bars</i>	
<b>Cupcakes <i>minimum 1 dozen per flavor</i></b>	<b>\$3.50ea</b>
<i>Chocolate, vanilla, marble &amp; vegan vanilla lemon V</i>	
Mini Assorted Cupcakes <i>minimum 2 dozen per order</i>	<b>\$18.00doz</b>
<b>Assorted Petit Fours <i>minimum 3 dozen</i></b>	<b>\$27.00doz</b>
<i>Profiteroles, frangipane tarts, fruit layer torte, chocolate layer torte &amp; passion rolls</i>	
<b>Cookies</b>	<b>\$2.25ea</b>
<i>Chocolate chip, double chocolate chip, Smarties &amp; oatmeal raisin</i>	
Mini Cookies <i>minimum 1 dozen per order</i>	<b>\$15.00doz</b>
<i>Chocolate chip, double chocolate chip &amp; oatmeal raisin</i>	
The Works Vegan Cookies <b>V</b> <i>minimum 1 dozen per order</i>	<b>\$24.00doz</b>

## THE HEALTHY OPTIONS

Fresh Whole Fruit <b>GF</b>	<b>\$1.25ea</b>
Individual Yogurt <b>GF</b>	<b>\$2.50ea</b>
Individual Dairy Free Yogurt <b>GF V</b>	<b>\$3.75ea</b>
Granola Add-On	<b>\$1.75pp</b>
Individual Yogurt Parfaits <i>with berries &amp; granola</i>	<b>\$4.95ea</b>
Granola Bar	<b>\$3.50ea</b>
Mountain Bar	<b>\$3.50ea</b>
Crudités & Dip or Hummus <b>GF V</b>	<b>\$4.50pp</b>
Fresh Sliced Fruit <b>GF</b>	<b>\$4.50pp</b>
Fruit & Cheese <i>with crackers</i>	<b>\$5.95pp</b>
Domestic Cheese <i>with crackers</i>	<b>\$5.95pp</b>

## THE GLUTEN FRIENDLY

<b>Cookies</b>	<b>\$3.95ea</b>
<i>Chewy Chocolate Chunk or Raspberry Almond Shortbread <b>GF</b></i>	
<b>Muffins</b>	<b>\$3.50ea</b>
<i>Blueberry or Lemon Raspberry <b>GF</b></i>	
<b>Loaves</b>	<b>\$3.50ea</b>
<i>Berry <b>GF V</b></i>	
<b>Dessert Bars</b>	<b>\$3.95ea</b>
<i>Coconut slice bars, Nanaimo bars, raspberry almond slice bars &amp; peanut butter crunch bar <b>GF</b></i>	

*While we strive to ensure our GF foods are safe for your consumption, we cannot safeguard against possible cross contamination.*

