

# BREAKS

## THE BEVERAGES

Fair Trade Organic Shade Grown Coffee <i>order in quantities of 15</i>	<b>\$2.25pp</b>
Numi Teas <i>order in quantities of 5</i>	<b>\$2.25pp</b>
Water - Bottled	<b>\$2.50ea</b>
Ice Water ½ Cambro (serves 45)	<b>\$12.00ea</b>
Ice Water Cambro (serves 90)	<b>\$20.00ea</b>
Juice Can - Assorted Fruit Flavours	<b>\$2.25ea</b>
Juice ½ Cambro (serves 45)	<b>\$60.00ea</b>
Juice Cambro (serves 90)	<b>\$115.00ea</b>
Soft Drinks Can - Assorted Pepsi Products	<b>\$2.25ea</b>
San Pellegrino 250ml	<b>\$2.95ea</b>
Sparkling Punch (serves 40)	<b>\$70.00ea</b>
Sparkling Punch (serves 50)	<b>\$85.00ea</b>

## THE PASTRIES

Muffins	<b>\$3.10ea</b>
Scones	<b>\$3.10ea</b>
Croissants	<b>\$3.10ea</b>
Assorted Loaf Slices <b>(V Option)</b>	<b>\$3.10ea</b>
Cinnamon Buns	<b>\$3.10ea</b>
Rice Krispy Squares <i>minimum 2 doz/order</i>	<b>\$27.00doz</b>
Mini Assorted Danish	<b>\$19.00doz</b>
Mini Assorted Scones	<b>\$22.00doz</b>
Mini Assorted Muffins	<b>\$22.00doz</b>
Mini Fresh Baked Croissants	<b>\$19.00doz</b>
Mini Stuffed Croissants	<b>\$24.00doz</b>
<i>Chocolate &amp; Almond or Ham &amp; Cheese</i>	

## THE SWEETS

Mini Assorted Cakes & Squares	<b>\$2.10ea</b>
Mini Assorted Cheesecakes	<b>\$2.10ea</b>
Mini Shortbread Cookies <i>plain or chocolate dipped</i>	<b>\$26.00doz</b>
Mini Assorted Biscotti	<b>\$19.00doz</b>
Mini Individual Panna Cotta with Blueberries <b>GF</b> <i>minimum 2 doz/order</i>	<b>\$27.00doz</b>
Two Bite Pecan Brownies with Nuttella Ganache <i>minimum 2 doz/order</i>	<b>\$30.00doz</b>



<b>Dessert Bars &amp; Squares</b>	<b>\$3.75ea</b>
<i>Variety may include; Butter tarts, Nanaimo bars, raspberry almond slice bars, fudge brownies, Cranberry oat bars, Belgium brownies, lemon zing bars, blueberry crumble bars &amp; chocolate peanut butter oat bars</i>	
<b>Cupcakes <i>minimum 1 doz/flavor</i></b>	<b>\$3.50ea</b>
<i>Chocolate, vanilla, marble &amp; vegan vanilla lemon V</i>	
Mini Assorted Cupcakes <i>minimum 2 doz/order</i>	<b>\$18.00doz</b>
<b>Assorted Petit Fours <i>minimum 3 doz</i></b>	<b>\$27.00doz</b>
<i>Profiteroles, frangipane tarts, fruit layer torte, chocolate layer torte &amp; passion rolls</i>	
<b>Cookies</b>	<b>\$2.50ea</b>
<i>Chocolate chip, double chocolate chip, Smarties &amp; oatmeal raisin</i>	
Mini Cookies	<b>\$15.50doz</b>
<i>Chocolate chip, double chocolate chip &amp; oatmeal raisin</i>	
The Works Vegan Cookies <b>V</b>	<b>\$24.00doz</b>

## THE HEALTHY OPTIONS

Fresh Whole Fruit <b>GF</b>	<b>\$1.50ea</b>
Individual Yogurt <b>GF</b>	<b>\$2.75ea</b>
Individual Dairy Free Yogurt <b>GF V</b>	<b>\$3.95ea</b>
Granola Add-On	<b>\$1.95pp</b>
Individual Yogurt Parfaits <i>with berries &amp; granola</i>	<b>\$5.50ea</b>
Granola Bar or Mountain Bar	<b>\$3.75ea</b>
Crudités & Dip or Hummus <b>GF V</b>	<b>\$4.50pp</b>
Fresh Sliced Fruit <b>GF</b>	<b>\$4.95pp</b>
Fruit & Cheese <i>with crackers</i>	<b>\$5.95pp</b>
Domestic Cheese <i>with crackers</i>	<b>\$5.95pp</b>

## THE GLUTEN FRIENDLY

<b>Cookies</b>	<b>\$3.95ea</b>
<i>Chewy Chocolate Chunk or Raspberry Almond Shortbread <b>GF</b></i>	
<b>Muffins</b>	<b>\$3.75ea</b>
<i>Blueberry or Lemon Raspberry <b>GF</b></i>	
<b>Loaves</b>	<b>\$3.75ea</b>
<i>Berry <b>GF V</b></i>	
<b>Dessert Bars</b>	<b>\$3.95ea</b>
<i>Coconut slice bars, Nanaimo bars, raspberry almond slice bars &amp; peanut butter crunch bar <b>GF V</b></i>	

*While we strive to ensure our GF foods are safe for your consumption, we cannot safeguard against possible cross contamination.*

