BREAKS

THE BEVERAGES

Fair Trade Organic Shade Grown Coffee *order in quantities of 15* $2.25pp
Numi Teas *order in quantities of 5* $2.25pp

Water - Bottled $2.50ea
Ice Water ½ Cambro (serves 45) $12.00ea
Ice Water Cambro (serves 90) $20.00ea

Juice Can - Assorted Fruit Flavours $2.25ea
Juice ½ Cambro (serves 45) $60.00ea
Juice Cambro (serves 90) $115.00ea

Soft Drinks Can - Assorted Pepsi Products $2.25ea
San Pellegrino 250ml $2.95ea
Sparkling Punch (serves 40) $70.00ea
Sparkling Punch (serves 50) $85.00ea

THE PASTRIES

Muffins $3.10ea
Scones $3.10ea
Croissants $3.10ea
Assorted Loaf Slices $3.10ea
Cinnamon Buns $3.10ea
Rice Krispy Squares GF *minimum 2 doz/order* $27.00doz
Mini Assorted Danish $19.00doz
Mini Assorted Scones $22.00doz
Mini Assorted Muffins $22.00doz
Mini Fresh Baked Croissants $19.00doz
Mini Stuffed Croissants $24.00doz
Chocolate & Almond or Ham & Cheese

THE SWEETS

Mini Assorted Cakes & Squares $2.10ea
Mini Assorted Cheesecakes $2.10ea
Mini Shortbread Cookies *plain or chocolate dipped* $26.00doz
Mini Assorted Biscotti $19.00doz
Mini Individual Panna Cotta with Blueberries GF *minimum 2 doz/order* $27.00doz
Two Bite Pecan Brownies with Nuttella Ganache *minimum 2 doz/order* $30.00doz
Dessert Bars & Squares $3.75ea
Variety may include; Butter tarts, Nanaimo bars, raspberry almond slice bars, fudge brownies, Cranberry oat bars, Belgium brownies, lemon zing bars, blueberry crumble bars & chocolate peanut butter oat bars

Cupcakes minimum 1 doz/flavor $3.50ea
Chocolate, vanilla, marble & vegan vanilla lemon Vegan
Mini Assorted Cupcakes minimum 4 doz/order $18.00doz

Assorted Petit Fours minimum 3 doz $27.00doz
Profiteroles, frangipane tarts, fruit layer torte, chocolate layer torte & passion rolls

Cookies $2.50ea
Chocolate chip, double chocolate chip, Smarties & oatmeal raisin
Mini Cookies $15.50doz
Chocolate chip, double chocolate chip & oatmeal raisin
The Works Vegan Cookies Vegan $24.00doz

THE HEALTHY OPTIONS

Fresh Whole Fruit GF $1.50ea
Individual Yogurt GF $2.75ea
Individual Dairy Free Yogurt (GF/Vegan) $3.95ea
Granola Add-On $1.95pp
Individual Yogurt Parfaits with berries & granola $5.50ea
Granola Bar or Mountain Bar $3.75ea
Crudité & Dip or Hummus (GF/Vegan) $4.50pp
Fresh Sliced Fruit GF $4.95pp
Fruit & Cheese with crackers $5.95pp
Domestic Cheese with crackers $5.95pp

THE GLUTEN FRIENDLY

Cookies $3.95ea
Chewy Chocolate Chunk or Lemon Almond Shortbread GF
Muffins $3.75ea
Blueberry, Lemon Raspberry or Vegan GF
Loaves $3.75ea
Berry GF
Dessert Bars $3.95ea
Coconut slice bars, Nanaimo bars, raspberry almond slice bars & peanut butter crunch bar (GF/Vegan)

While we strive to ensure our GF foods are safe for your consumption, we cannot safeguard against possible cross contamination.